

## **COACH THE COACHES**

Sunday March 26th Etobicoke School of The Arts 675 Royal York Road, Toronto 1.00pm- 3.00pm

Presented by:



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**UEFA PRO Licence** 

Degree in Phys. Ed and Sport Science (Univ. of Barcelona) Academy coach- RCD Espanyol (La Liga) Toronto High Park FC- Coach Development Manager

## **Understanding the Methodology of Grassroots Player Development**

Understanding the game and the players to create soccer training contexts.

In this session, we will talk about the complexity of the soccer game and how to understand the player as a human. The game and the soccer player is complex because lot of components and structures play different roles at the same time and space and we should constantly adapt to different scenarios and interactions. As a coaches we need to understand what the game contains to be able to propose better training sessions to help our players, with the main goal to create smart and independent humans who can adapt as a soccer player to different situations during the game

Attendance is FREE and there is no need to RSVP.

Coaches should come dressed to participate, bring as many coaching colleagues as you can and LEARN!

Contact Victor for further details: CoachDevelopment@torontosoccer.net

Attendees coaching in the U9-U12 (Standards Based League) will receive 5 CPD points.